



HOUSTON FALL INVITATIONAL 2011 BASIC SKILLS & SPECIAL OLYMPICS

September 5, 2011

**All entries must be entered into entryeze.com NO LATER THAN
August 2, 2011**

***To be held at:
Sugar Land Ice and Sports Complex, Dual Surface
16225 Lexington, Sugar Land, Texas 77479***

**Chief Referee: Devon Beck
Chief Accountant – Bill Whalen
Accountant – Colleen Newman
Accountant – John Marasco**

For more information please contact:

**Claire Atry – Catherine Mifsud
Email: houstonfsc@yahoo.com
Web Site: www.HoustonFSC.org**



HOUSTON FALL INVITATIONAL 2011

BASIC SKILLS & SPECIAL OLYMPICS

September 5, 2011

Sanctioned by the US Figure Skating
Hosted by: *Houston Figure Skating Club, www.houstonfsc.org*

RULES AND ELIGIBILITY: Skaters **MUST** be members of the US Figure Skating or enrolled in a US FIGURE SKATING Basic Skills Program. Anyone who has passed any US FIGURE SKATING tests is **NOT** eligible to compete in solo events. Skaters entered in any of the Fall Invitational 2011 Free Skate events are not eligible to enter the Basic Skills Competition. All basic skills skaters in Compulsory Elements Levels 1 through 8 must skate at current level. Basic Skill skaters in other events may skate at current level or one level higher. Skaters may not skate down a level. Skaters in the Basic Skills Free Skate events may compete in Pre-Preliminary dance events.

SPECIAL OLYMPICS events will be held Monday, September 5, 2011. The Special Olympics Competition is open to skaters 8 years or older who are receiving group or private instruction. Skaters must be registered as Special Olympians through the Special Olympics office.

ENTRIES: Entries must be **submitted to entryeeze.com no later than August 2, 2011.** Only online entries submitted through entryeeze.com will be accepted. Late entries will be included at the discretion of the competition committee and the chief referee and a late fee of \$30 will be charged. Any entry changes made after the entry deadline will be assessed a \$25 fee and must be approved by the referee.. The competition committee reserves the right to limit entries to any event or to cancel an event. A tentative schedule of practice and event times will be posted on our web site by 17th August 2011.

Late entries will be included at the discretion of the competition committee and the chief referee and a late fee of \$25 will be assessed. **Any entry form changes made after the closing date will be assessed a \$25 fee and must be approved by the referee.** The competition committee reserves the right to limit entries to any event or to cancel an event. In case of injury or illness (physician note required) or a death in the immediate family only, entry fees will be refunded minus a \$30 cancellation fee.

SPECIAL ANNOUNCEMENTS/OFFICIAL NOTICES: Prior to the competition notices will be posted on the Houston FSC website at www.houstonfsc.org. Please visit this site on a regular basis. An official bulletin board will be maintained throughout the competition. It is the responsibility of each competitor, parent, and coach to check the bulletin board frequently for any schedule changes or additional information. Posting of such notices, changes, or announcements shall be considered sufficient notice to all participants.

ENTRY FEES:

Basic Skills & Special Olympics (per event).....\$30.00
Pairs or Partner Dance (as an additional event).....\$15.00 per partner

QUESTIONS: e-mail: houstonfsc@yahoo.com.

FACILITIES: Sugar Land Ice and Sports Complex , a free standing facility, located at 16225 Lexington Blvd., Sugar Land, TX (281-265-7465). Two 200' x 85' ice surface with rounded

corners.

REGISTRATION: The registration table will be located in the lobby. It will open for Basic Skills Registration on Sunday, September 4, 9am - 8pm and 1 hour prior to the start of competition on Monday. **Competition CD's must be turned in at the time of registration.** No skater will be registered without submitting their music tapes.

MUSIC: CD's (NO MINI CD's) must be marked clearly with the skater's name, event, and running time of the tape. Tapes must be recorded at adequate volume. **A CD MUST BE AVAILABLE.** CD/s may be picked up at the registration table following each event. Houston Figure Skating Club cannot be responsible for CD's. **DO NOT USE CD-RW MATERIALS!**

AWARDS: Awards will be given for 1st through 6th place. Pictures will be taken immediately following the final result posting of each event off-ice in the photography area.

PRACTICE ICE: **Basic Skills** will have a limited amount of practice ice available early Monday morning before the competition. Only one session may be requested. No music will be played and coaches will not be allowed on the ice.

SOUVENIRS / PROGRAM ADVERTISEMENTS/ FLOWERS: Ad space, trophy sponsorships and souvenirs may be pre-arranged by completing the order forms. ***Program advertisers will receive a free program.*** Programs may be purchased for \$2 throughout the competition. Flowers will also be available for purchase.

OFFICIAL HOTEL: Marriott Town Square- Sugarland located at 16090 City Walk, Sugar Land, Texas 77479, phone # (281) 275-8400 .

All guests should identify themselves as "**Houston Figure Skating Club Competitors**" when booking to receive the competitors rate of \$89.00 per night. A limited number of rooms are blocked until 8/14/2011 for more information visit our website at www.houstonfsc.org.

SCHEDULE: A tentative schedule of practice and event times will be posted on our web site by August 18th @ www.houstonfsc.org

ADMISSION: The competition is open to the general public for viewing at no charge. Absolutely NO flash photography!

VIDEO/PHOTOGRAPHY: **The official competition photographer, Local Motion Productions,** will be available for video-taping events and making award photos. The competition committee reserves the right to restrict video taping to your skaters' events only. Personal video equipment is permitted in the bleacher area only. No equipment may be plugged into the arena outlets.

BASIC SKILLS
COMPETITION EVENTS AND QUALIFICATIONS

Monday, September 5, 2011

BASIC SKILLS: Anyone who has passed any US FIGURE SKATING tests is NOT eligible to compete in solo events. All basic skills skaters in Compulsory Elements Levels 1 through 8 must skate at current level. Basic Skill skaters in other events may skate at current level or one level higher. Skaters may not skate down a level. If possible all events will be split by age with no greater than 6 entrants per event. Please be at the rink 45 minutes before the start of your event. Programs times are +/- 10 seconds.

SPECIAL OLYMPICS: The Special Olympics portion of this competition will be conducted in accordance with the 2004 Official USFSA Rule Book, the 1994 – 1998 Special Olympics Winter Sports Rules, and the rules given in this announcement. Skaters age 8 years and older are eligible to compete. Skaters will be divided into groups by skating ability (Level 1 through Level 5). Artistic events will also be offered. Skaters must be registered as Special Olympians through the Special Olympics Office.

BASIC ELEMENTS EVENT: SNOWPLOW SAM – BASIC 8

Format: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on **OR** each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed**
- Time: 1:00 or less

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| <p><u>Snowplow Sam:</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3 in a row 3. Forward snowplow stop 4. Backward wiggles 2-6 in a row | <p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counterclockwise 2. Backward crossovers 4-6 consecutive - both directions 3. Basic one foot spin – free leg held to side of spinning leg - minimum three revolutions 4. Side toe hop -either direction 5. Hockey stop |
| <p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide and dip 2. Forward two foot swizzles 6-8 in a row 3. Forward snowplow stop 4. Backward wiggles 6-8 in a row | <p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Standstill forward inside three-turn - R & L 2. Bunny Hop 3. Forward spiral on a straight line - R or L 4. Lunge - R or L 5. T-stop - R or L |
| <p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot 3. Moving snowplow stop 4. Two foot turn in place- forward to backward 5. Backward two foot swizzles 6 - 8 in a row | <p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Standstill forward inside open Mohawk - R to L and L to R 2. Ballet Jump - either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot |
| <p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive 3. Backward one foot glide - either foot 4. Forward slalom 5. Two foot spin – minimum three revolutions | <p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three-turns R & L 2. Waltz jump 3. Mazurka - either direction 4. 1 Combination move - clockwise <u>or</u> counter clockwise – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin – free foot held to side of spinning leg or crossed position -minimum three revolutions |
| <p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Standstill forward outside three-turn - R & L 2. Forward outside edge on a circle clockwise or counter clockwise 3. Forward crossovers 4-6 consecutive both directions 4. Backward stroking - 4-6 strokes 5. Backward snowplow stop - R or L | |

BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified. Vocal music is allowed.

- To be skated on full ice
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 +/- 10 seconds

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| <p><u>Snowplow Sam:</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3-in a row 3. Backward wiggles 2-6 in a row 4. Forward snowplow stop | <p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward crossovers 4-6 consecutive in both directions 2. Basic one-foot spin – free leg held to side of spinning leg - minimum three revolutions 3. Side toe hop -either direction 4. Hockey stop |
| <p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide and dip 2. Forward two foot swizzles 6 -8 in a row 3. Backward wiggles 6-8 in a row 4. Forward snowplow stop | <p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Standstill forward inside three-turn - R & L 2. Bunny Hop 3. Forward arabesque spiral on a straight line R or L 4. Lunge - R or L 5. T-stop - R or L |
| <p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Two foot turn in place- forward to backward 3. Backward two foot swizzles 6 - 8 in a row 4. Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot 5. Moving snowplow stop | <p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Standstill forward inside open Mohawk - R to L and L to R 2. Ballet Jump- either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot |
| <p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive 3. Backward one foot glide – either foot 4. Forward slalom 5. Two foot spin – minimum three revolutions | <p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three-turns R & L 2. Waltz jump 3. Mazurka in either direction 4. 1 Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - free foot held to side of spinning leg or crossed position -minimum three revolutions |
| <p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Forward crossovers 4-6 consecutive both directions 2. Standstill forward outside three- turn - R & L 3. Backward stroking - 4-6 strokes 4. Backward snowplow stop - R or L | |

FREE SKATE 1-6 COMPULSORY EVENT

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 or less

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| <p><u>Free skate 1 Compulsory</u></p> <ol style="list-style-type: none"> 1. Advanced forward stroking - 4-6 consecutive 2. Basic forward outside edges and forward inside consecutive edges - 2-4 outside and 2-4 inside 3. One-foot upright scratch spin from backward crossovers-minimum three revolutions 4. Waltz jump from backward crossovers 5. Half flip jump | <p><u>Free skate 4 Compulsory</u></p> <ol style="list-style-type: none"> 1. Forward power 3's, 2-3 consecutive sets-R or L 2. Sit spin- minimum three revolutions 3. Loop jump 4. Waltz jump/loop jump |
| <p><u>Free skate 2 Compulsory</u></p> <ol style="list-style-type: none"> 1. Forward outside or inside spiral - R or L 2. Waltz Three's - R or L, 2-3 sets 3. Beginning back spin - entry optional 4. Waltz jump, side toe hop, waltz jump series 5. Toe loop jump | <p><u>Free skate 5 Compulsory</u></p> <ol style="list-style-type: none"> 1. Camel spin- minimum three revolutions 2. Forward upright spin to back upright spin- minimum three revolutions, each foot 3. Loop/loop jump 4. Flip jump |
| <p><u>Free skate 3 Compulsory</u></p> <ol style="list-style-type: none"> 1. Forward crossovers in a figure 8 2. Advanced forward outside swing rolls 4 - 6 consecutive 3. Back spin- minimum three revolutions 4. Salchow jump 5. Waltz jump/toe loop or Salchow/toe loop | <p><u>Free skate 6 Compulsory</u></p> <ol style="list-style-type: none"> 1. Five step Mohawk sequence - 1 set alternating pattern (refer to Basic Skills Curriculum Free skate 6) 2. Camel, sit spin combination - minimum of four revolutions total 3. Split jump or stag jump 4. Waltz jump, ½ loop, Salchow combination 5. Lutz jump |

FREE SKATE 1-6 PROGRAM EVENT

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

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|---|---|
| Free skate 1 | Free skate 4 |
| <ol style="list-style-type: none"> 1. Advanced forward stroking 4-6 strokes 2. One-foot upright scratch spin from back crossovers- minimum three revolutions 3. Waltz jump from back crossovers 4. Half flip jump | <ol style="list-style-type: none"> 1. Forward power 3's, 2-3 consecutive R or L 2. Sit spin-minimum three revolutions 3. Loop jump 4. Waltz jump/loop jump |
| Free skate 2 | Free skate 5 |
| <ol style="list-style-type: none"> 1. Forward outside spiral R or L 2. Beginning back spin 3. Waltz jump, side toe hop, waltz jump 4. Toe loop | <ol style="list-style-type: none"> 1. Camel spin-minimum three revolutions 2. Forward upright spin to back upright spin- minimum three revolutions each foot 3. Loop/loop combination jump 4. Flip jump |
| Free skate 3 | Free skate 6 |
| <ol style="list-style-type: none"> 1. Forward crossovers in a figure 8 2. Back spin-minimum three revolutions 3. Salchow 4. Waltz jump/Toe loop or Salchow/toe loop | <ol style="list-style-type: none"> 1. Camel/sit spin combination-minimum four revolutions total 2. Split or stag jump 3. Waltz jump/1/2 loop /Salchow combination 4. Lutz jump |

Test Track and Well Balanced Levels

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 or less
- *Skaters may have the option to skate one level higher in compulsories than their free skate program*

| LEVEL | ELEMENTS | QUALIFICATIONS | PROGRAM LENGTH |
|--------------------------------|---|---|----------------|
| Limited Beginner Compulsory | <ol style="list-style-type: none"> 1. Waltz jump 2. ½ jump of choice 3. Forward two foot or one foot spin, minimum three revolutions (free leg position optional) 4. Forward or backward spiral | Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests | Time: 1:15 |
| Beginner Compulsory | <ol style="list-style-type: none"> 1. Toe loop jump 2. Salchow jump 3. Forward scratch spin- minimum three revolutions 4. Forward or backward spiral | Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests | Time: 1:15 |

ARTISTIC/SHOWCASE EVENTS:

Artistic/Showcase events are open to skaters in Basic, Free Skate, Limited Beginner through Preliminary and Adult Bronze. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted.

Skaters will be judged on musical interpretation and feeling, expression, and how the skating relates to the music. Show costumes are permitted, as long as they do not touch or drag on the ice. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute and by unaided ensemble contestants within two minutes for setup and two minutes for removal.

6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description. A .2 deduction will be assessed by the referee against each judges' mark for each five seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Categories may include:

- Light entertainment
- Dramatic entertainment
- Duets
- Small Ensembles (3-7 skaters)
- Group Production (8-30 skaters)

| LEVEL | ELEMENTS | QUALIFICATIONS | PROGRAM LENGTH |
|---|--|--|----------------|
| Basic 1-8 | Elements only from Basic 1-8 curriculum | May not have passed any higher than Basic 8 level. | Time 1:00 Max |
| Free skate 1-6/ Limited Beginner/ Beginner/ Adult 1-4 | 3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop. | May not have passed any official U.S. Figure Skating free skate tests. | Time: 1:30 Max |

SPECIAL OLYMPICS BADGE PROGRAM

The Special Olympics Sports Skills Program is designed for people with mental handicaps who may exhibit any number of physical impairments. The Special Olympics Figure Skating Badge Program allows athletes to learn skills in a progressive order and earn badges at each level. Athletes who complete the Special Olympics Badge Program will be prepared to move into the existing badge program at local rinks.

Badge 1

- A. Stand unassisted for five seconds
- B. Fall and stand up unassisted
- C. Knee dip standing still unassisted
- D. March forward ten steps assisted

Badge 2

- A. March forward ten steps unassisted
- B. Swizzles, standing still: three repetitions
- C. Backward wiggle or march assisted
- D. Two foot glide forward for distance of at least length of body

Badge 3

- A. Backward wiggle or march
- B. Five forward swizzles covering at least ten feet
- C. Forward skating across the rink
- D. Forward gliding dip covering at least length of body: L & R

Badge 4

- A. Backward two foot glide covering at least length of body
- B. Two foot jump in place
- C. One foot snowplow stop: L & R
- D. Forward one foot glide covering at least length of body: L & R

Badge 5

- A. Forward stroking across rink
- B. Five backward swizzles covering at least ten feet
- C. Forward two foot curves left and right across rink
- D. Two foot curves left and right across rink

Badge 6

- A. Gliding forward to backward two foot turn
- B. Five consecutive forward one foot swizzles on circle: L & R
- C. Backward one foot glide length of body: L & R
- D. Forward pivot

Badge 7

- A. Backward stroking across the rink
- B. Gliding backward to forward two foot turn
- C. T-stop left of right
- D. Forward two foot turn on a circle: L & R

Badge 8

- A. Five consecutive forward crossovers: L & R
- B. Forward outside edge: L & R
- C. Five consecutive backward ½ swizzles on a circle: L & R

Badge 9

- A. Forward outside three turn: L & R
- B. Forward inside edge: L & R
- C. Forward lunge or shoot the duck at any depth
- D. Bunny hop

Badge 10

- A. Forward inside three turn: L & R
- B. Five consecutive backward crossovers: L & R
- C. Hockey stop
- D. Forward spiral three times length of body

Badge 11

- A. Consecutive forward outside edges: minimum of two on each foot
- B. Consecutive forward inside edges: minimum of two on each foot
- C. Forward inside Mohawk: L & R
- D. Consecutive backward outside edges: minimum of two on each foot
- E. Consecutive backward inside edges: minimum of two on each foot

Badge 12

- A. Waltz jump
- B. One foot spin: minimum of three revolutions
- C. Forward crossover, inside Mohawk, backward crossover, step forward: step sequence should be repeated clockwise and counter clockwise
- D. Combination of three moves chosen from badges 9-12



U.S. Figure Skating Basic Skills Registration Form

Learn the Basics of Figure Skating! Basic Skills competitions are open to all skaters who have not passed the Pre-Preliminary Moves in the Field U.S. Figure Skating test. Membership is \$15 for the membership year of July 1, 2011 – June 30, 2012.

Your membership includes the following benefits:

- Information about figure skating, guest sessions, equipment, and competition opportunities
- Official US Figure Skating Membership Card
- A Membership Year Patch
- Sports accident insurance coverage
- A brightly colored record book with stickers to track your progress through the lessons
- Start on the road to the Olympics

Name _____

Address _____

City/State/Zip _____

Telephone _____ E-mail _____

Date of Birth _____ Gender (M or F) _____

Previous Membership # (if applicable) _____

Coach _____

Primary Rink(s) _____

Mail Application and Fee To: HOUSTON FIGURE SKATING CLUB
P.O. BOX 460364
HOUSTON, TX 77056
www.houstonfsc.org

Becoming a member of the Houston FSC is a great way to get involved and learn what skating is all about. If you have questions please contact the Membership Chair at houstonfsc@yahoo.com.