



HOUSTON FALL INVITATIONAL 2009

BASIC SKILLS & SPECIAL OLYMPICS

September 7, 2009

Entries must be POSTMARKED NO LATER THAN August 3, 2009

To be held at:
Sugar Land Ice and Sports Complex, Dual Surface
16225 Lexington, Sugar Land, Texas 77479

Chief Referees: Devon Beck and Lynn Goldman
Chief Accountant – Colleen Newman
Assist. Accountant – Bill Whalen
Assist. Accountant – John Marasco

For more information please contact:

Claire Atry
Email: houstonfsc@yahoo.com
Web Site: www.HoustonFSC.org



HOUSTON FALL INVITATIONAL 2009

BASIC SKILLS & SPECIAL OLYMPICS

September 7, 2009

Hosted by: *Houston Figure Skating Club, www.houstonfsc.org*

ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

Eligibility will be based on skill level as of closing date of entries. All SNOWFLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or Individual Dances. Skaters in other events may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

For the Free Skate 1-6 levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

SPECIAL OLYMPICS events will held Monday, September 7, 2009. The Special Olympics Competition is open to skaters 8 years or older who are receiving group or private instruction. Skaters must be registered as Special Olympians through the Special Olympics office.

ENTRIES: Entries must be post-marked no later than August 3, 2009. Metered mail is not accepted as proof of postmark. Only complete entries, including all signatures and US FIGURE SKATING number (if number is pending, indicate "pending"), will be accepted. Late entries will be included at the discretion of the competition committee and the chief referee and a late fee of \$25 will be assessed. **Any entry form changes made after the closing date will be assessed a \$25 fee and must be approved by the referee.** All returned checks will be charged a \$25 handling fee. The competition committee reserves the right to limit entries to any event or to cancel an event. In case of injury or illness (physician note required) or a death in the immediate family only, entry fees will be refunded minus a \$30 cancellation fee. A tentative schedule of practice and event times will be posted on our web site by 23rd of August 2009.

SPECIAL ANNOUNCEMENTS/OFFICIAL NOTICES: Prior to the competition notices will be posted on the Houston FSC website at www.houstonfsc.org. Please visit this site on a regular basis. An official bulletin board will be maintained throughout the competition. It is the responsibility of each competitor, parent, and coach to check the bulletin board frequently for any schedule changes or additional information. Posting of such notices, changes, or announcements shall be considered sufficient notice to all participants.

ENTRY FEES:

Basic Skills & Special Olympics (per event).....\$30.00
Pairs or Partner Dance (as an additional event).....\$15.00 per partner

Make Check payable to **Houston Figure Skating Club** and mail completed application form and payment to:

HOUSTON FALL INVITATIONAL – BASIC SKILLS/SPECIAL OLYMPICS
P. O. BOX 460364 HOUSTON, TX 77056-8364

QUESTIONS: e-mail: houstonfsc@yahoo.com. Calls may be placed to 281-701-2922. Long distance calls will be returned collect.

FACILITIES: Sugar Land Ice and Sports Complex , a free standing facility, located at 16225 Lexington Blvd., Sugar Land, TX (281-265-7465). Two 200' x 85 ' ice surface with rounded corners.

REGISTRATION: The registration table will be located in the lobby. It will open for Basic Skills Registration on Sunday, September 6, 9am - 8pm and 1 hour prior to the start of competition on Monday. **Fully rewound, competition tapes or CD's must be turned in at the time of registration.** No skater will be registered without submitting their music tapes.

MUSIC: Cassettes or CD's (NO MINI CD's) must be marked clearly with the skater's name, event, and running time of the tape. Tapes must be recorded at adequate volume. **A SPARE TAPE OR CD MUST BE AVAILABLE.** Tapes/CD/s may be picked up at the registration table following each event. Houston Figure Skating Club cannot be responsible for cassette tapes/CD's.

AWARDS: Awards will be given for 1st through 6th place. Pictures will be taken immediately following the final result posting of each event off-ice in the photography area.

PRACTICE ICE: **Basic Skills** will have a limited amount of practice ice available early Monday morning before the competition. Only one session may be requested. No music will be played and coaches will not be allowed on the ice.

SOUVENIRS / PROGRAM ADVERTISEMENTS/ FLOWERS: Ad space, trophy sponsorships and souvenirs may be pre-arranged by completing the order forms. ***Program advertisers will receive a free program.*** Programs may be purchased for \$2 throughout the competition. Flowers will also be available for purchase.

OFFICIAL HOTEL: The Marriott Sugar Land Town Square located at 16090 City Walk, Sugar Land, Texas 77479, phone 1-281-275-8400 or 1-800-288-9290 please mention you are a "Houston Figure Skating Club Competitor " when booking to receive the competitors rate of \$129.00 per night. A limited number of rooms are blocked until 8/13/09 for more information visit our website at www.houstonfsc.org.

SCHEDULE: A tentative schedule of practice and event times will be posted on our web site by August 23rd @ www.houstonfsc.org

ADMISSION: The competition is open to the general public for viewing at no charge. Absolutely NO flash photography!

VIDEO/PHOTOGRAPHY: **The official competition photographer, Local Motion Productions,** will be available for video-taping events and making award photos. The competition committee reserves the right to restrict video taping to your skaters' events only. Personal video equipment is permitted in the bleacher area only. No equipment may be plugged into the arena outlets.

BASIC ELEMENTS EVENT: SNOWPLOW SAM – BASIC 8

- Each skater will have the option to perform one element at a time
 - A. In the order listed below (no excessive connecting steps) **OR**
 - B. Will perform each element when directed by a judge or referee
- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed**
- Time: 1:00 or less

<p><u>Snowplow Sam - Tots:</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3 in a row 3. Forward snowplow stop 4. Backward wiggles 2-6 in a row 	<p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counterclockwise 2. Backward crossovers 6-8 consecutive - both directions 3. One foot spin - minimum of three revolutions 4. Hockey stop 5. Side Toe hop -either direction
<p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide 2. Forward two foot swizzles 6 -8 in a row 3. Forward snowplow stop 4. Backward wiggles 6-8 in a row 	<p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Forward inside three turn - R & L from a standstill 2. Bunny Hop 3. Forward spiral on a straight line - R or L 4. Lunge - R or L 5. T-stop - R or L
<p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Forward alternating ½ swizzle pumps, in a straight line -across width of ice 3. Two foot turn in place forward to backward 4. Backward two foot swizzles 6 - 8 in a row 5. Moving snowplow stop 	<p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump - either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
<p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 - 8 consecutive 3. Moving forward to backward two foot turn - either direction 4. Backward one foot glide - either foot 5. Two foot spin 	<p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three turns R & L 2. Waltz jump 3. Mazurka - either direction 4. Combination move - clockwise or counter clockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - optional free foot position
<p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Forward outside three turn - R & L from a standstill 2. Forward outside edge on a circle clockwise or counter clockwise 3. Forward crossovers 6-8 consecutive both directions 4. Backward stroking 5. Backward snowplow stop - R or L 	

BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 +/- 10 seconds

<p><u>Snowplow Sam - Tots:</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3-in a row 3. Backward wiggles 2-6 in a row 4. Forward snowplow stop 	<p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counterclockwise 2. Backward crossovers 6-8 consecutive in both directions 3. One foot spin - min of three revolutions 4. Side Toe hop -either direction 5. Hockey stop
<p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide 2. Forward two foot swizzles 6 -8 in a row 3. Backward wiggles 6-8 in a row 4. Forward snowplow stop 	<p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Forward inside 3-turn from a standstill - R & L 2. Bunny Hop 3. Forward arabesque spiral on a straight line R or L 4. Lunge - R or L 5. T-stop - R or L
<p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Two foot turn in place - forward to backward 3. Backward two foot swizzles 6 - 8 in a row 4. Forward alternating ½ swizzle pumps, in a straight line across width of ice 5. Moving snowplow stop 	<p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
<p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 -8 consecutive 3. Moving forward to backward two foot turn in either direction 4. Backward one foot glide - either foot 5. Two foot spin 	<p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three turns R & L 2. Waltz jump 3. Mazurka in either direction 4. Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - optional free foot position
<p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Forward outside edge on a circle clockwise or counter clockwise 2. Forward crossovers 6-8 consecutive both directions 3. Forward outside 3 turn - R & L from a standstill 4. Backward stroking 5. Backward snowplow stop - R or L 	

FREE SKATE ELEMENTS EVENT: FREE SKATE 1-6

- In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- To be skated on ½ ice
- No music is allowed
- **The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels**
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 or less

<p><u>Free skate level 1 Compulsory</u></p> <ol style="list-style-type: none"> 1. Advanced forward stroking - 4-6 consecutive 2. Basic forward outside edges and forward inside consecutive edges - 2-4 outside and 2-4 inside 3. Scratch spin from backward crossovers 4. Waltz jump from backward crossovers 5. Half flip jump 	<p><u>Free skate level 4 Compulsory</u></p> <ol style="list-style-type: none"> 1. Spiral sequence, FI Spiral, FI Mohawk, BO spiral, clockwise or counter clockwise 2. Forward power 3's, 2-3 consecutive sets-R or L 3. Sit spin 4. Loop jump 5. Waltz jump/loop jump
<p><u>Free skate level 2 Compulsory</u></p> <ol style="list-style-type: none"> 1. Forward outside spiral - R or L. and a forward inside spiral - R or L 2. Waltz Three's - R or L 3. Beginning back spin - entry optional 4. Waltz jump, side toe hop, waltz jump series 5. Toe loop jump 	<p><u>Free skate level 5 Compulsory</u></p> <ol style="list-style-type: none"> 1. Spiral sequence, FO spiral, forward outside 3 turn, one backward crossover, backward inside spiral 2. Camel spin 3. Forward upright spin to back upright spin 4. Loop/loop jump 5. Flip jump
<p><u>Free skate level 3 Compulsory</u></p> <ol style="list-style-type: none"> 1. Forward crossovers in a figure 8 2. Advanced forward outside swing rolls 4 - 6 consecutive 3. Back spin 4. Salchow jump 5. Waltz jump/toe loop or Salchow/toe loop 	<p><u>Free skate level 6 Compulsory</u></p> <ol style="list-style-type: none"> 1. Five step Mohawk sequence - 1 set alternating pattern (refer to Basic Skills Curriculum Free skate 6) 2. Camel, sit spin combination - minimum of 4 revolutions total 3. Split jump or stag jump 4. Waltz jump, ½ loop, Salchow combination 5. Lutz jump

FREE SKATE EVENT: FREE SKATE 1-6

- The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated.
- **Vocal music is allowed.**
- **The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels**
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

Freestyle 1 1. Advanced Forward stroking. 4-6 strokes 2. Forward outside or inside consecutive edges, 2-4 3. Scratch spin from back crossovers 4. Waltz jump from back crossovers 5. Half flip jump	Freestyle 4 1. Spiral sequence: FI spiral, FI Mohawk, BO spiral R or L 2. Forward power 3's, 2-3 consecutive R or L 3. Sit spin 4. Loop jump 5. Waltz jump/loop jump
Freestyle 2 1. Forward outside spiral R or L 2. Waltz three's R or L 3. Beginning back spin 4. Waltz jump, side toe hop, waltz jump 5. Toe loop	Freestyle 5 1. Spiral sequence: FO spiral, FO 3-turn, 1 back crossover Backward inside spiral, R or L 2. Camel spin 3. Forward upright spin to back upright spin 4. Loop/loop combination jump 5. Flip jump
Freestyle 3 1. Forward crossovers in a figure 8 2. Advanced forward outside swing rolls 4-6 3. Back spin 4. Salchow 5. Waltz jump/Toe loop or Salchow/toe loop	Freestyle 6 1. 5 step Mohawk sequence, 1 set alternating patterns 2. Camel/sit spin combination, min of 4 revolutions total 3. Split or stag jump 4. Waltz jump/1/2 loop /Salchow combination 5. Lutz jump

ARTISTIC

See Free Skate for test requirements. Vocal music may be used. Costumes may be of any type as long as they fit the music and are not a safety hazard. Hand props (cane, doll, baton, etc.) are permitted. No live props (pets, animals, etc.). **PROPS MAY NOT BE PLACED IN THE CENTER OF THE ICE AT ANY TIME.** They may be placed on or against the railing or handed to another person. Judging will be based on skater's creativeness and artistic interpretation and entertainment value. Credit will be given for difficult jumps and spins based solely on their choreographic effectiveness, not on difficulty. The duration of the program will be 1:30. Skaters will be grouped by age and level as closely as possible and male and females may be mixed.

HOUSTON FALL INVITATIONAL 2009 – BASIC SKILLS ENTRY FORM

Basic Skills Skaters must be members of the US FIGURE SKATING or enrolled in a US FIGURE SKATING Learn to Skate Program. If you are not currently a member or enrolled in a relevant program, please enclose \$15 membership fee which will be submitted to US FIGURE SKATING.

Name _____ USFS # _____ Home Club _____
 Address _____ City _____ State _____ Zip _____
 Skater Phone _____ E-Mail _____
 Sex: _____ Birthday _____ Age _____
 Coaches Name _____ Coaches Phone _____
 Coaches Email _____

Confirmations will be sent by e-mail!

PLEASE ENTER ME IN THE FOLLOWING EVENTS:

<u>Elements</u>	<u>Compulsories</u>	<u>Artistic</u>	<u>Basic Program</u>	<u>Freeskate Program</u>
<input type="checkbox"/> Snowplow	<input type="checkbox"/> Freeskate 1	<input type="checkbox"/> Freeskate 1	<input type="checkbox"/> Snowplow	<input type="checkbox"/> Freeskate 1
<input type="checkbox"/> Basic 1	<input type="checkbox"/> Freeskate 2	<input type="checkbox"/> Freeskate 2	<input type="checkbox"/> Basic 1	<input type="checkbox"/> Freeskate 2
<input type="checkbox"/> Basic 2	<input type="checkbox"/> Freeskate 3	<input type="checkbox"/> Freeskate 3	<input type="checkbox"/> Basic 2	<input type="checkbox"/> Freeskate 3
<input type="checkbox"/> Basic 3	<input type="checkbox"/> Freeskate 4	<input type="checkbox"/> Freeskate 4	<input type="checkbox"/> Basic 3	<input type="checkbox"/> Freeskate 4
<input type="checkbox"/> Basic 4	<input type="checkbox"/> Freeskate 5	<input type="checkbox"/> Freeskate 5	<input type="checkbox"/> Basic 4	<input type="checkbox"/> Freeskate 5
<input type="checkbox"/> Basic 5	<input type="checkbox"/> Freeskate 6	<input type="checkbox"/> Freeskate 6	<input type="checkbox"/> Basic 5	<input type="checkbox"/> Freeskate 6
<input type="checkbox"/> Basic 6			<input type="checkbox"/> Basic 6	
<input type="checkbox"/> Basic 7			<input type="checkbox"/> Basic 7	
<input type="checkbox"/> Basic 8			<input type="checkbox"/> Basic 8	

ENTRY FEES

Number of Events _____ X \$30 = _____
 Practice Ice: \$10 (Limit ONE, Early AM 9/1/09) _____
 Late Fee of \$25 if mailed after 08/03/09 _____
\$15 Fee if not US FIGURE SKATING Basic Skills Member _____
 TOTAL FEE ENCLOSED _____

Make checks payable to **Houston FSC** and mail with the completed entry form to:
Houston Fall Invitational – Basic Skills Competition
P. O. Box 460364 Houston, Texas 77056-8364

ALL SIGNATURES MUST BE INCLUDED OR ENTRY WILL NOT BE ACCEPTED.

Entry must be postmarked by August 3, 2009. Metered mail is not accepted as proof of postmark. \$25 fee for returned checks. \$25 fee for change of event or level after August 3, 2009 with referee approval. Check www.houstonfsc.org for schedules & announcements.

The undersigned approves this entry and agrees to hold harmless the US FIGURE SKATING, Houston Figure Skating Club, Competition Officials and Sugar Land Ice and Sports Complex from all loss, damage, and/or injury that may be sustained in any manner while participating in this competition in accordance with US Figure Skating Part Two Rule number 3222. Your signature on the entry form will indicate your acceptance of this stipulation.

_____ Date _____
 Parent / Guardian

I approve of this entry and certify that the skater is eligible to compete in events entered.

Coach signature _____ Coach Name _____ Date _____

Committee use only

Amount Rec'd _____ Date _____ Note _____

HOUSTON FALL INVITATIONAL 2009– SPECIAL OLYMPICS ENTRY FORM

All entries must be *postmarked* by August 3rd or a \$25 late fee must be included.

Name _____ USFSA # _____ Home Club _____
 Address _____ City _____ State _____ Zip _____
 Skater Phone _____ E-Mail _____
 Sex: _____ Birthday _____ Age _____
 Coaches Name _____ Coaches Phone _____
 Coaches Email _____

PLEASE ENTER ME IN THE FOLLOWING EVENTS:

Freeskate ___ Level 1 Special Olympic ___ Level 2 Special Olympic ___ Level 3 Special Olympic ___ Level 4 Special Olympic ___ Level 5 Special Olympic	Compulsories ___ Level 1 Requirements - 1 minute ___ Level 2 Requirements - 1 ½ minutes ___ Level 3 Requirements - 2 minutes ___ Level 4 Requirements - 2 minutes ___ Level 5 Requirements - 2 ½ minutes	Artistic Program ___ Level 1 - 1 minute ___ Level 2 - 1 minute ___ Level 3 - 1 minute ___ Level 4 - 1 ½ minutes ___ Level 5 - 1 ½ minutes ___ Pairs - 2 minutes
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ENTRY FEES

Number of Events _____ X \$30 = _____
 Practice Ice: \$10 (**Limit ONE, Early AM 9/7/09**) _____
 Late Fee of \$25 if mailed after 08/03/09 _____
 TOTAL FEE ENCLOSED _____

Make checks payable to **Houston FSC** and mail with the completed entry form to:

**Houston Fall Invitational –Special Olympics
 P. O. Box 460364 Houston, Texas 77056-8364**

ALL SIGNATURES MUST BE INCLUDED OR ENTRY WILL NOT BE ACCEPTED.

Entry must be postmarked by August 3, 2009 Metered mail is not accepted as proof of postmark. \$25 fee for returned checks. A \$25 fee for change of event or level after August 3, 2009 with referee approval will be charged. Check www.houstonfsc.org for schedules & announcements.

The undersigned approves this entry and agrees to hold harmless the US FIGURE SKATING, Houston Figure Skating Club, Competition Officials and Sugar Land Ice and Sports Complex from all loss, damage, and/or injury that may be sustained in any manner while participating in this competition in accordance with US Figure Skating Rules and Regulations. Your signature on the entry form will indicate your acceptance of this stipulation.

Parent / Guardian Date

I approve of this entry and certify that the skater is eligible to compete in events entered.

Coach signature Coach Name Date

Committee use only

Amount Rec'd _____ Date _____ Note _____

HOUSTON

FIGURE SKATING CLUB

U.S. Figure Skating Basic Skills Registration Form

Learn the Basics of Figure Skating! Basic Skills Memberships are open to all skaters who have not passed the Pre-Preliminary Moves in the Field U.S. Figure Skating test. Membership is \$15 for the membership year of July 1, 2009 – June 30, 2010.

Your membership includes the following benefits:

- Information about figure skating, guest sessions, equipment, and competition opportunities
- Official US Figure Skating Membership Card
- A Membership Year Patch
- Sports accident insurance coverage
- A brightly colored record book with stickers to track your progress through the lessons
- Start on the road to the Olympics

Name _____

Address _____

City/State/Zip _____

Telephone _____

E-mail _____

Previous Membership # _____

Date of Birth _____

Gender (M or F) _____

Coach _____

Primary Rink(s) _____

Mail Application and Fee To: HOUSTON FIGURE SKATING CLUB
P.O. BOX 460364
HOUSTON, TX 77056
www.houstonfsc.org

Becoming a member of the Houston FSC is a great way to get involved and learn what skating is all about. If you have questions please contact any Board Member or contact Claire Atry, Membership Chair at claireatry@hotmail.com.